

MTM Manufacturing Technology Mutual Insurance Company

Monthly Newsletter for November 2008



Participant in the Michigan Property & Casualty Guaranty Association



Form 100

The State of Michigan has notified us that they will no longer accept Form 100, "Notice of Injury" unless the form is typed in at least 10 point type and entirely legible. The State is scanning all documents and handwritten forms are illegible in many cases or do not scan well. This does not come as a surprise as over the years we have spent a lot of time trying to decipher the hand written forms we receive.

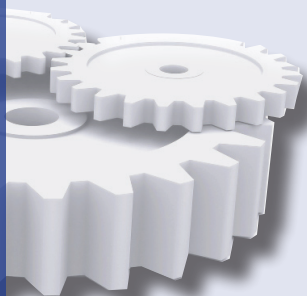
The State is offering a "fill-able" form online at: www.michigan.gov/documents/wca_WC-100__fillin_121830_7.pdf. We also offer a fill-able form on our website www.MTMIC.com in the "Resources" section under "Forms". The Form 100 is also on our CD or we can provide you with a hardcopy either through the mail or fax.

Additional to the readability of the form is the issue that many policyholders do not file the form in a timely manner which is an even bigger problem.

Please file the Form 100 in an approved 8.5" X 11" format, in a timely manner! The State has already begun to reject forms that they cannot read which could delay payments to providers and employees.

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MTMIC Board of Director's Election

The results of the election are in and the newly elected Directors announced at the Annual Meeting on October 16, 2008 are:

- Bobby Cox of Acorn Stamping in Oxford, Michigan**
- Gerald (Jerry) Decker of Precision Boring Co. in Clinton Township**
- Dennis Haller of Haller International in Detroit**

We extend our thanks to Charles Seitz of Steel Master Transfer also in Oxford Michigan for accepting the nomination to run for the position. There was also a write in vote for Mr. Gordon Bahl of GHB, Inc in Oak Park.

The Nominating Committee will remain an active committee throughout the year and begin the interview process far in advance of the actual nominating procedure.

Michigan Plastic Processors Association

The Michigan Plastic Processors Association (MPPA) has been operating a self insured group fund for many years. At a meeting held on September 26, 2008 MPPA voted to disband their group at their normal renewal.

At that meeting MPPA also elected to endorse the MTMIC as the designated carrier to offer renewal quotes to the MPPA membership at their renewal date. MTMIC has offered to provide a beneficial program to their members and staff going forward as the replacement provider of workers' compensation insurance for their group.

The sales and marketing staff of MTMIC has already successfully increased our policyholder base by an additional 10% over last year so you can see that we are on our way to obtaining the Board's desired result when we converted the MTA WCF from a group fund to a mutual insurance company.

Ten Years Is Not So Long

Ten years ago I attended my first Board meeting of the MTA Workers' Compensation Fund. My predecessor, Mr. Moore, told me that I would enjoy working with the (then) members, the board and the staff as long as I remembered one thing. That one thing was "Know who you work for!"

Over the last ten years it has been my pleasure to be affiliated with this group and to help in any way possible to keep it alive and vibrant. We are now entering the thirty third (33) year of continuous operation (now as a Mutual Insurance Company). The changes which have occurred in my tenure have been sometimes difficult to understand but have always been in the best interest of the policyholders/members.

We (the staff) have not forgotten who we work for at any time and we would like to thank you for that opportunity to be at your service. Since this is the November issue of the newsletter we need to all be aware of the things we should be thankful for and then take a moment to express that gratitude. Let me unequivocally state, it has been my pleasure to spend these last ten years working for your organization and we look forward to continuing our level of service for at least another 33 years.



November is American Diabetes Month

The incidence of diabetes is rising in the United States, with prevalence up 14% between 2005 and 2007 alone. Diabetes is one of our most serious chronic diseases, resulting in kidney damage, nerve damage, eye damage, and increased chance of amputation. Diabetes also increases our risk for heart disease and stroke.

It is estimated that nearly 24 million Americans currently have diabetes, about 8% of our population. Over 4,000 individuals are diagnosed with diabetes each day.

Diagnosis of diabetes is improving—about 50% of those with diabetes didn't know it in 1988, but only about 24% of those with diabetes are undiagnosed today. This improvement is due in large part to improved blood glucose screening and more aggressive attention to "borderline" blood glucose levels.

Risk factors for diabetes include age, obesity, and family history. To determine your diabetes risk, use the Diabetes Risk Calculator at the American Diabetes Association website at <http://www.diabetes.org/risk-test.jsp>.

Diabetes risk can be reduced, and the impact of diabetes can be minimized, by practicing the following lifestyle behaviors: Maintain a healthy weight, consume a low-fat diet with adequate protein and complex carbohydrates, exercise, and monitor your blood sugar as appropriate. For more information, visit the American Diabetes Association website at www.diabetes.org.



Renewal Information

Please do not forget to send back your renewal questionnaire. The only way we can provide the most competitive result is if we have accurate information of your current operations. If you need another copy of the form or have any questions please contact us at

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Gary.Wood@mtmic.com or
Megan.Brown@mtmic.com .